

Local Author's Debut Release, Katrina's Kitchen Cookbook

Local author Dr. Katrina P. Young self publishes her debut book, Katrina's Kitchen Cookbook, a collection of Young's family recipes curated across generations.

Conyers, GA — April 18, 2023 — Esteemed new author, community servant, visionary leader, and local trailblazer Dr. Katrina P. Young will publish her debut book, Katrina's Kitchen Cookbook April 18, 2023. A book signing celebration will follow on April 30, 2023, subscribe to Katrina's website to learn more. Guests are encouraged to purchase the book before the launch to gain entry into the event and have their copy signed by Dr. Young herself.



Katrina's Kitchen Cookbook

A Collection of My Family Recipes & Meal Ideas
Based on Faith, Family and Food

Dr. Young's book highlights the important role food plays in families, specifically in Black families. She wrote this book to capture her own family's recipes in one place so that any family can share the experience of faith, family, food, fellowship, and love around the table. Katrina's Kitchen Cookbook is "for the next generation" to understand and carry on the importance of breaking bread as a family unit and bonding over delicious homemade food.

Dr. Katrina P. Young — Dr. Katrina P. Young integrated her elementary school in Rockdale County, Georgia at the age of 7 in 1968. She later was elected to the Rockdale County Board of Education in 2007 and became its first black chair in 2019. A graduate of Georgia State University, Dr. Young was awarded an honorary Doctorate for Christian Humanitarianism from the School of Great Commission Bible College and Seminary in 2023. Her accomplishments are many, but Dr. Young holds her family dearest of them all: she's been married for 39 years, has two grown children who are each married, two grandsons, one granddaughter, and two fur-grandbabies. Though this is her first book, Dr. Young has authored several articles focusing on Leadership and Advocacy published in the 2018 edition of Agenda Magazine. Read more about Dr. Young at katrinapyoung.com.

Buy Katrina's Kitchen Cookbook — Katrina's Kitchen Cookbook will be available for purchase through Amazon. Keep an eye out for this title coming to other platforms soon.

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